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<b>Qualification</b>	M.A., B.Ed., M.Phil., SET., Ph.D.
<b>Designation</b>	Assistant Professor
<b>Date of Joining</b>	17.06.2019
<b>Specialization</b>	Women Studies, Socio-Economic History, Modern History
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#### Seminars/Webinars/Workshops/FDP/Conferences/Online Courses

<b>Title of the Workshop/ Seminar/ FDP</b>	<b>Type</b>	<b>Paper Presented/ Participated</b>	<b>Title of the Paper/Course</b>	<b>Organized By</b>	<b>Date</b>
<b>Tracing the Tides: History &amp; Archaeology Of the Chola Maritime Power</b>	International Webinar	Participated	-	Department of Tamil and PG & Research Department of History, St. Mary's College (Autonomous), Thoothukudi in collaboration with International Association of Tamil Research, Malaysia	03.04.2025
<b>Revitalizing Higher Education Scenario in India: Trends, Challenges &amp; Future Directions</b>	Multidisciplinary National Level Conference	Presented	<b>A Discourse on the Initiatives for Imparting Women's Education in Travancore Princely State</b>	PG Department of History, Bishop Heber College (Autonomous) Tiruchirappalli	19.03.2025
<b>Commemorating the 75th Year of the</b>	International Conference	Presented	<b>Conceptualizing Women's Human</b>	The Department of Indian History, University of Madras, Chennai - 01	10 <sup>th</sup> & 11 <sup>th</sup> December 2024

			<b>g the Socio- Economic Parameter s of Gender Paradox in Kerala</b>		
International Research Methodology Workshop	International Conference	Participated	-	RC 25: Sociology of Sports, Indian Sociological Society, New Delhi & Department of History Providence College for Women, The Nilgiris in Collaboration with Standard College, Manipur & Department of History, St. Mary's College (Autonomous) Thoothukudi, Department of Economics, Kamaraj College, Thoothukudi & Department of History, Govt. Arts College, Rasipuram	23.07.2024 – 27.07.2024
NEP 2020 Orientation and Sensitization Programme	National	Participated	-	UGC Malaviya Mission Teacher Training Centre (MMTTC), Bharathidasan University, Tiruchirappalli	01.07.2024 – 10.07.2024
Farming and Floral Foot Prints - Tracing Interwoven Historical and Botanical Heritage	National Seminar	Participated	-	Department of Botany in association with PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	27.03.2024
Role of Women in Enculturation Trajectories	National Seminar	Participated	-	PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	23.02.2024

Navigating Consultancy, Filing Patent and Designing Research Article; Insights and Strategies	National Seminar	Participated	-	Marian Research Forum and IQAC, St.Mary's College (Autonomous), Thoothukudi	20.01.2024
Enduring Legacy of the Indian Constitution	National Seminar	Participated	-	PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	30.11.2023
Advanced Research Methodology	Inter Disciplinary Refresher Course	Completed	-	Teaching Learning Centre, Ramanujan College, Uty of Delhi	23.10.2023 to 06.11.2023
Artificial Intelligence [AI] tools for Education with Special Reference to Chat GPT,GPT4 and LAMMA	National Seminar	Participated	-	Library Committee and IIC, St.Mary's College (Autonomous), Thoothukudi	11.08.2023
Conference on Ethic in History and Research	International Conference	Participated	-	PG and Research Department of History, St.Mary's College (Autonomous), Thoothukudi	15.03.2023
Competition	International Women's Day	Accompanied	-	Dept. of Criminal Justice , Manonomaniam Sundaranar Uty, Tirunelveli	08.03.2023
Introduction to Indian Art – An Appreciation	FDP, MOOCs Mode, 4 Weeks Course	Completed	-	Swayam, NPTEL-AICTE	July-August 2022
Journey from Evolution to Zenith	International Seminar	Participated	-	Department of History, Kandaswami Kandar's College, Velur, Namakkal	30.04.2022
Gender, War & Memory – An Interdisciplinary Approach	International Conference	Presented & Participated	-	Department of English & History, Bishop Caldwell	29.04.2022

Freedom 75 – Unsung Heroes of Indian Freedom Movement with Special Reference to Tamil Nadu	State Level Seminar	Presented & Participated	Women Luminaries of Travancore in the Leading roles of Freedom Struggle Movement	Department of History and Research Centre, S T Hindu College, Nagercoil	07.04.2022
Sustainability and Challenges of Working Women in Tamil Nadu	National Conference	Presented & Participated	Unraveling the Societal Transition of Women in Travancore Princely State	Department of History and Research Centre, N M C C Marthandom, Nagercoil	24.03.2022 & 25.03.2022
Kasturbai Gandhi - An Inspiration Behind Satyagraha	State Level Webinar	Participated	-	Department of History, St.Mary's College (Autonomous), Thoothukudi and Government Museums of Nellai, Madurai and Tiruvarur	22.02.2022
My Motivational Story	International Webinar	Participated	-	Dept. of History, St.Mary's College (Autonomous), Thoothukudi	11.02.2022
Situating Tamil Nadu in Freedom Movement: From Anti-Colonial to Nationalist Phase	Special Lecture	Participated	-	Department of History, Bharathidasan University, Tiruchirappalli	27.01.2022
Trajectories of a Nation Builder: A probe into the legacy of Nehruvian Socialism	National Webinar	Participated	-	Centre for Nehru Studies, Bharathidasan University, Tiruchirappalli	05.01.2022
Workshop on Quality Research Proposal and Publications	National Workshop	Participated	-	Marian Research Forum and St.Mary's Mathematics Research Forum of St.Mary's College(Autonomous), Thoothukudi	17.12.2021
Films and Social Representations	International Webinar	Participated	-	Research & Post Graduate department of History, Christ College (Autonomous), Irinjalakuda	01.11.2021 & 02.11.2021
Continuum Study of Tamils in Sri Lanka	International Webinar	Participated	-	Department of History, V.V.Vanniaperumal College for Women, Virudhunagar	08.10.2021

Celebration of the 150th Birth Anniversary of V.O.C	National Webinar	Participated	-	The Pearl Research Centre for History, Culture and Tourism, St.Mary's College (Autonomous), Thoothukudi	18.09.2021
In Commemoration of the 75th Year of Indian Independence on Revisit, Remember and Recognize the Patriotic Heroines of Tamil Nadu in Indian Independence	Special Lecture	Participated	-	The Pearl Research Centre for History, Culture and Tourism, St.Mary's College (Autonomous), Thoothukudi	15.08.2021
Museum and Employability	National Webinar	Participated	-	Department of History, Holy Cross College (Autonomous), Nagercoil	30.07.2021
Intellectual Property Rights	State Level Online Workshop	Participated	-	Department of English & Internal Quality Assurance Cell (IQAC), Rayat Shikshan Sanstha's Prof. Dr. N. D. Patil Mahavidyalaya, Malkapur -Perid Tal: Shahuwadi, Dist: Kolhapur	19.07.2021
Skill Requisites for a Successful Career	International Webinar Series	Participated	-	St.Mary's College (Autonomous), Thoothukudi	24-06-2021 To 30-06-2021
Girls Are Four Times More Resilient Than Boys	International Webinar	Participated	-	The Library of Holy Cross College, Nagercoil	19.06.2021
Museums And Their Glorious Services	National FDP	Participated	-	Tamilnadu Govt.Museum, Tirunelveli and PG Department and Research Centre in History, Rajapalayam Rajus' College, Rajapalayam	11.06.2021 to 17.06.2021
Methods And Praxis On Social Sciences Research	National Webinar	Participated	-	Mother Theresa College under Mar Ivanios College, Thiruvananthapuram	12.06.2021

Changing Global Perspective on Investments – Careers, Financial Statements & Sustainability	International Conference	Participated	-	Dept. of Management Studies & Research, GWCET, Nagpur	12.06.2021
ICT Tools for Effective Teaching Learning	National Online FDP	Participated	-	IQAC, Kamla Nehru Mahavidyalaya, Nagpur	08.06.2021 to 10.06.2021
Ocean Technologies in India	Webinar	Participated	-	Sree Narayana College, Kollam	08.06.2021
A Holistic Approach to Harness Challenges in Classroom Environment for Growth	National Webinar	Participated	-	PSG Polytechnic College Peelamedu, Coimbatore	08.06.2021
Complex Diseases: Yoga in Health Promotion and Management	Webinar	Participated	-	Sree Narayana College, Kollam	07.06.2021
Disaster Management : Building Resilient Communities	National Webinar	Participated	-	Department of History, Payyanur College, Payyanur	25.05.2021 to 28.05.2021
Prof: Johncy Jacob's Perception on Environment	National Webinar	Participated	-	Department of History, Payyanur College, Payyanur	27.05.2021

Cultural & Social History of Tribal and Nomadic Tribes in Maharashtra	National Webinar	Participated	-	Dept.of History, Mahatma Phule Mahavidhyalaya, Pune	25.05.2021
Medieval Indian Historiography	Webinar	Participated	-	Dept. of History, TSWRDCW, Suryapet	24.05.2021
International Sculptural Day Celebration	National Webinar	Participated	-	Tirunelveli Govt. Museum with Dept of History, Sri Parasakthi College for Women, Courtallam	24.04.2021
Memorialising the 102th Anniversary of Jallianwala Bagh Massacre	National Webinar	Participated	-	Pearl Research Centre for History, Culture and Tourism, St.Mary's College (A), Thoothukudi	13.04.2021
Mahatma in the Malayali World: The Initial Years	National Seminar	Participated	-	Dept of History, University College, Thiruvananthapuram	12.04.2021
Intellectual Property Rights (IPRs) and IP Management for Start Up	Workshop	Participated	-	IIC, Library & IQAC, St.Mary's College (Autonomous), Thoothukudi	16.03.2021
Theory Building Research	International Webinar	Participated	-	St.Mary's College (A), Thoothukudi	12.03.2021
Academic Visibility in the Digital World	National Webinar	Participated	-	Dept of Library, St.Mary's College (Autonomous), Thoothukudi	12.02.2021
Societal Trends	National E-Conference	Presented & Participated	The Shanar Rebellion: A Societal Transition in Colonial Travancore	Pearl Research Centre for History, Culture & Tourism, St.Mary's College (Autonomous), Thoothukudi	06.02.2021 & 07.02.2021
Reminiscences of History	National E-FDP	Participated	-	Pearl Research Centre for History, Culture & Tourism, St.Mary's College (Autonomous), Thoothukudi	09.08.2020 to 15.08.2020

A Peep in to the Marvels of Colonial Architecture in India	National Online Webinar	Participated	-	Pearl Research Centre for History, Culture & Tourism, St.Mary's College (Autonomous), Thoothukudi	31.07.2020
Research Methodology and Academic Writing	National Online Webinar	Participated	-	Bharathi Women's College, Dept of Geography, Chennai	28.07.2020 & 29.07.2020
Pandemic Impact on Education	International Online Webinar	Participated	-	Sree Narayana Guru College for Women, Dept of History, Kollam	28.07.2020
Megalithic Culture of Tamil Nadu	National Online Webinar	Participated	-	Presidency College, Dept of History, Chennai	26.07.2020
Research Methodology	Online Programme	Participated	-	Arulmigu Palaniandhavar Arts College for Women, PG & Research Dept of History, Palani	24.07.2020
Soft Skill Development	Regional Online Webinar	Participated	-	Pearl Research Centre for History, Culture & Tourism, St.Mary's College (Autonomous), Thoothukudi	23.07.2020
Breaking the Silence of Indus Valley Civilization	National Online Webinar	Participated	-	Raja Peary Mohan College, Dept of Bengali and History, Hooghly	22.07.2020
Research Methodology and Academic Writing	International Workshop	Participated	-	Department of Geography, Bharathi Women's College, Chennai	21.07.2020 & 22.07.2020



“Keeladi” An Agrarian based Cottage Industries supported Urban Early Historical Settlement	National Online Webinar	Participated	-	PG & Research Department of History, Voorhees College, Vellore	22.07.2020
A New Beginning	Online Webinar	Participated	-	GTN Arts College, Dindugul	21.07.2020
Interactive Impactful E-Learning Technology	National Online FDP	Participated	-	Computer Engineering Department, K.C College of Engineering & Management Studies & Research	18.07.2020 to 20.07.2020
Indian Economy Vs Global Pandemic	National Online Webinar	Participated	-	Department of Commerce with Computer Applications, Arul Anandar College, Karumathur	16.07.2020
Consumer Rights, Consumer Awareness, Consumer Protection and Women Welfare	Regional Online Workshop	Participated	-	Consumer Club, St.Mary’s College(A), Thoothukudi	09.07.2020 to 11.07.2020
Crisis comes with Opportunities	Regional Online Webinar	Participated	-	IQAC, G. T. N. Arts College (Autonomous), Dindigul	10.07.2020
Tradition: A New Dimension in Modernity	International Online Webinar	Participated	-	PG & Research Department of History, Thiru Kolanjiappar Govt. Arts College, Vriddhachalam	09.07.2020 & 10.07.2020
Evolution of Dravidian Temple Architecture	Regional Online Webinar	Participated	-	Pearl Research Centre for History, Culture and Tourism, St. Mary’s College (Autonomous), Thoothukudi	10.07.2020

An Update on Covid 19	International Online Webinar	Participated	-	IQAC, St.Mary's College (Autonomous), Thoothukudi	10.07.2020
மகாபாரதம் காபாரதப் ேபாரின் காலம்- ஒரஆய்ஸ் ேபாரின் காலம்- ஒரஆய்ஸ்	Regional Online Webinar	Participated	-	Department of History, Bharathidasan University, Tiruchirappalli	07.07.2020
Folk in the Cyber Space	National Online Webinar	Participated	-	Dept of Malayalam & Folklore Club, Al-Ameen College, Edathala	06.07.2020
Buddhist Bronzes in Nagapattina mDistrict	Regional Online Webinar	Participated	-	Department of History, A.D.M.College for Women, Nagapattinam	06.07.2020
Glimpses of Indian Culture and Society	National Online Webinar	Participated	-	PG & Research Department of History, PSGR Krishnammal College for Women, Coimbatore	01.07.2020 to 05.07.2020
Dawn of a New Era: A Paradigm Shift in the New Normal	Online International FDP	Participated	-	Department of History, WCC College, Chennai	01.07.2020 to 04.07.2020
Indo-China Relations In Present Context	National Online Webinar	Participated	-	Department of Economics, History & Political Science & IQAC, Bhaskar Waman Thakur College Of Science Yashvant Keshav Patil College Of Commerce Vidhya Dayanand Patil College Of Arts	30.06.2020

Virtual Teaching - Learning Moodle The Efficient Way	Online FDP	Participated	-	Dr.M.G.R Educational And Research Institute	29.06.2020 & 30.06.2020
Gateway to Innovation	Online International FDP	Participated	-	Dept. of Information Technology Shrimathi Indira Mahadevi Beheray College of Arts, Maharashtra	22.06.2020 to 26.06.2020
International Discourse on Yoga and Health	International Online Webinar	Participated	-	Maharaja JPV Arts, Commerce and Science College, Nandurbar	21.06.2020 & 22.06.2020
Research Methodology: Tools and Techniques	Online FDP	Participated	-	Dept of History, M.V.Muthiah Government Arts College for Women, Dindigul	18.06.2020 to 24.06.2020
Temple Architecture of Kerala	Regional Online Webinar	Participated	-	Indira Gandhi National Centre for Arts, Thrissur, Kerala	18.06.2020

Accelerating Education 4.0 Using ICT Tools – Post Covid Paradigm	International Online Webinar	Participated	-	Internal Quality Assurance Cell, St. Xavier's College, Palayamkottai	17.06.2020
Tourism in Medieval South India	National Online Webinar	Participated	-	Dept of History, Hajee Karutha Rowthar Howdia College (A), Theni	17.06.2020
Impact of Covid19 on Tourism Department	National Online Webinar	Participated	-	Dept of History, Tourism and Travel Management, Ethiraj College for Women, Chennai	15.06.2020
Research Methodology	National Online Webinar	Participated	-	Loyola College (Autonomous), Thoothukudi	12.06.2020 & 13.06.2020
The Rivers: The cradle of Civilizations	Regional Online Webinar	Participated	-	Department of History & IQAC, Nazareth Margoschis College at Pillaiyanmanai	12.06.2020
Lionizing the Pallavas: <i>Simhavyala</i> and Lion Bases in Mamallapuram Monuments	International Online Webinar	Participated	-	Department of History, Hospitality Stella Maris College (Autonomous), Chennai	11.06.2020
COVID-19: Facing Challenges with Optimism	Online International Webinar Series	Participated	-	Dept. of Historical Studies, Quaid-E-Millath Government College For Women (Autonomous) Chennai	08.06.2020 to 12.06.2020
Research Methodology and SPSS	UGC National Online Seminar	Participated	-	Shri Sant Gajanan Mahavidhyalaya, Kharda, Ahmednagar	08.06.2020 & 09.06.2020

Memory Techniques For Accelerated Learning	International Online Webinar	Participated	-	IQAC, Annammal College of Education for Women, Thoothukudi	08.06.2020
The Role of ICT in Teaching-Learning Process	Online FDP	Participated	-	IQAC, Shri Pancham Khemraj Mahavidyalaya Sawantwadi, Uty of Mumbai	05.06.2020 to 10.06.2020
E-Content Development	Online FDP	Participated	-	IQAC, Shri Pancham Khemraj Mahavidyalaya, University of Mumbai	05.06.2020 to 10.06.2020
Environment Vedic Wisdom	Online International Symposium	Participated	-	Maharaja JPV Arts, Commerce and Science College, Nandurbar	05.06.2020 & 06.06.2020
Glass Ceiling Effect in Indian Women's Writing	National Online Webinar	Participated	-	PG & Research Dept of English, St. Mary's College (Autonomous), Thoothukudi	06.06.2020
New-Era Teaching Pedagogy: Challenges And Opportunities	National Online Webinar	Participated	-	IQAC, St. Xavier's College, Nevta, Jaipur	05.06.2020
Fundamental Rights and Duties In Historical Perspective from Ancient Era to Buddha-Ambedkar Onwards	One Day E-National Conference	Participated	-	Dept. of History Smt Radhabai Sarda Arts, Commerce & Science College Amravati	05.06.2020
Induction/Orientation Programme for Faculty in Universities/Colleges/Institutes of Higher Education	Online FIP	Participated	-	MHRD, Pandit Madan Mohan Malavia, National Mission on Teachers and Teaching	04.06.2020 to 01.07.2020

Research Methodology	International FDP Series	Participated	-	Dept. of Communication Media, Auxilium College (Autonomous), Vellore	04.06.2020 to 10.06.2020
No More Struggle On Your Research	Online FDP	Participated	-	Dept of Computer Science, Sri Malolan College Of Arts And Science, Chengalpet	04.06.2020
Online Teaching &E-content	Online FDP	Participated	-	Indian Institute of Digital Education, Mumbai	03.06.2020 & 04.06.2020
Multi-Culturalism and Interfaith Literacy : Challenging the Idea of Clash of Civilizations	International Online Webinar	Participated	-	Department of History & IQAC, Sir Syed College, Taliparamba, Kannur, Kerala,	03.06.2020
Women: Back to Traditional Role	Regional Online Webinar	Participated	-	Women development cell of Annammal College of Education for Women, Thoothukudi & the Department of Women's Studies, Bharathidasan University, Khajamalai Campus, Trichy	03.06.2020
Quality in Higher Education	National Online Webinar	Participated	-	IQAC, Sri Subramaniaswamy Government Arts College, Tiruttani	02.06.2020
Invisible Scholars: Students with Learning Disabilities & Identification of Students with Learning Disabilities	International FDP	Participated	-	IQAC, St.Mary's College (Autonomous), Thoothukudi	02.06.2020

Transforming Education – The Google Classroom Way	Online FDP	Participated	-	Aachi Institute of Management Entrepreneurial Development	01.06.2020 to 07.06.2020
Evolution from Offline to Online Teaching	Online FDP	Participated	-	IQAC, Sathish Pradhan Dhayanasadana College, Thane	30.05.2020 to 03.06.2020
History of Gunnery in India	National Online Webinar	Participated	-	IQACand Department of History, L. S. Raheja College of Arts & Commerce Mumbai	30.05.2020
Epigraphy and Art: Methods of Reconstructing History	National Online Workshop	Participated	-	History Wing DDE, Annamalai University, Annamalainagar	27.05.2020 to 31.05.2020
A Historical View of Covid 19 and its impact in India	National Online Webinar	Participated	-	Department of History, GCW(A), Kumbakonam	29.05.2020
Importance of Empowerment for Teaching Gurus	Online FDP	Participated	-	Dept of Computer Science, Merit Arts and Science College, Tirunelveli	29.05.2020
Covid-19 Pandemic: Socio-Economic & Cultural Impact on the Society	Online FDP	Participated	-	PG & Research Department of History, Nirmala College for Women, Coimbatore	29.05.2020 & 30.05.2020
FDP & Webinar Series	Online International	Participated	-	Sri GVG Visalakshi College for Women, Udumalpet	27.05.2020 to 31.05.2020
Historical Roots of Social Distancing	National Online Webinar	Participated	-	Dept. of History, St. Mary's College (Autonomous), Thoothukudi	28.05.2020
Happy Living	Regional Online Webinar	Participated	-	IQAC, GTN Arts College, Dindigal	27.05.2020

Teaching Using ICT Tools	Online FDP	Participated	-	IQAC, JP College of Arts and Science, Tirunelveli	26.05.2020
Covering Projection In Graphs	National Online Webinar	Participated	-	Department of Mathematics, Tirunelveli Dakshina Mara Nadar Sangam College, T.Kallikulam	25.05.2020
Managing your Finances and Investments During Pandemic and Current Economic Meltdown	Online FDP	Participated	-	PG & Research Dept of Commerce, St.Mary's College (Autonomous), Thoothukudi	25.05.2020
Using SPSS To Understand Research & Data Analysis	National Online Webinar	Participated	-	Research Advisory Committee, Aditi Mahavidyalaya, University of Delhi in collaboration with ICFAI Business School (IBS) Gurgaon	24.05.2020
Teacher Resilience: The Blueprint for Efficiency during Uncertainty	Regional Online Webinar	Participated	-	St.Mary's College (Autonomous), Thoothukudi & Annamalai College of Education for Women (Thoothukudi)	23.05.2020
The Matrix of the Pandemics: On Corona Times	Regional Online Webinar	Participated	-	IQAC, St. Mary's College, Manarcaud, Kottayam	23.05.2020
History of Covid 19 Pandemic	National Online Webinar	Participated	-	PG & Research Dept of History, Jayaraj Annapackiam College for Women (A), Theni	22.05.2020
Emerging Trends in Literary Theories	Online FDP	Participated	-	P.G and Research Department of English, S.T.Hindu College, Nagercoil	21.05.2020



Revival And Survival Of Tourism Industry PostCovid - 19	Regional Online Webinar	Participated	-	Dept of Tourism and Travel Management, Justice Basheer Ahmed Sayeed College For Women, Teynampet	20.05.2020
Effective Classroom Management	National Online Webinar	Participated	-	PG & Research Department of Commerce, Tirunelveli Dakshina Mara Nadar Sangam College, Tirunelveli	16.05.2020
Indian Epigraphy with Special Reference to Tamil Nadu	National Online Webinar	Participated	-	Dept of History, Alagappa University, Karaikudi	15.05.2020 to 17.05.2020
Covid 19 and Global Socio-Cultural Impact	Regional Online Webinar	Participated	-	Dept of History, Providence College for Women	15.05.2020
Introduction to Animation and Creation of Interactive Animation and Evaluation	Online Workshop	Participated	-	Universal Teachers Academy, Pondicherry	14.05.2020 to 18.05.2020
Useages of ICT Tools - Why? How?	National Online Webinar	Participated	-	Dept of Computer Science, Ethiraj College for Women, Chennai	14.05.2020
Mental Health and Psychological Consideration During Lockdown	Online Workshop National	Participated	-	Dept. of Psychology, St.Mary's College (Autonomous), Thoothukudi	13.05.2020 & 14.05.2020
Selection of Appropriate Statistical Tools: A Critical Way for Successful Research	National Online Webinar	Participated	-	Research Advisory Committee, St. Mary's College (Autonomous), Thoothukudi	12.05.2020
Web Tools for Researchers in Higher Education	National Online Webinar	Participated	-	IQAC, TDMNS College, Kallikulam	11.05.2020

Psychological First Aid	Regional Online Webinar	Participated	-	Dept of Psychology, St.Mary's College (Autonomous), Thoothukudi	11.05.2020
Research Outcomes: Technical Paper Writing, Research Proposal, Patent Filing	National Online Webinar	Participated	-	DATEACH.AI	22.04.2020
Managing Online Classes and Co-creating MOOCs	Online FDP	Participated	-	MHRD, Pandit Madan Mohan Malavia, National Mission on Teachers and Teaching	20.04.2020 to 06.05.2020
Creativity and Innovation for Personal and Professional Development	Online National Course	Participated	-	Dept. of Visual Communication, AVS College of Arts and Science, Salem	13.04.2020 to 16.04.2020
E-Content Development	Capacity Building Workshop	Participated	-	St.Mary's College (Autonomous), Thoothukudi	18.02.2020 to 22.02.2020
Women Rights and Duties	National Seminar	Presented	E.V. Ramasamy, A Pioneer Reformer of Socio-Economic Conceptualisation of Women's Human Rights – A Study	Dept. of History Bishop Caldwell College, Maravanmadam Thoothukudi	28.02.2020
Marginalization of Women and Dalits	National Seminar	Presented	The Kerala Women's Commission (KWC): A Panacea for Women's Confrontation in Kerala	Dept. of Sociology Bishop Caldwell College, Maravanmadam Thoothukudi	06.03.2020

TNHC Annual Session	Regional Conference	Presented	Benevolence of Travancore Women Identities in the Socio-Economic Arena – An Overview	Department of History, GTN (Autonomous), Dindugal	11.10.2019 to 13.10.2019
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### Papers Published

Paper Title	Author(s)	Journal	Year	Volume	Issue	Page No.
History of Environmental Conservation in the Ancient and Middle Ages	Dr. S.S. Anuja & Dr. D. Vinoba Gladis	Indian Journal of Applied & Pure Biology - A Web of Science Journal	2025	Vol. 40 (1)	ISSN: 0970-2091	439-445
Native pioneers in societal transition: a period of Renaissance and Reformation in Travancore Princely State	Dr. S.S Sundaram & S.S Anuja	Shodak: A Journal of Historical Research – UGC Care Group 1 – Sr.No.381 (Arts and Humanities)	April 2023	53	01, ISSN 0302-9832	10-14
Women Luminaries of Travancore in the Leading Roles of Freedom Struggle Movement	S S Anuja	State Level Seminar Proceeding on Freedom 75 – Unsung Heroes of Indian Freedom Movement with special reference to Tamilnadu – ICHR sponsored	2022	Vol.1	ISBN: 978-93-5659-510-1	16-21
Unraveling The Societal Transition of Women In Travancore Princely States	S S Anuja	National Conference Proceeding on Sustainability and Challenges of Working Women in Tamilnadu– ICHR sponsored	2022	Vol. 1	ISBN: 978-93-81658-33-8	493-500

Reformists in the Socio-Political Realm of Kerala	S S Anuja	International Journal of Human Rights		Care Listed Journal Vol. 9 (VI)	2394-0298	
The Shanar Rebellion: A Societal Transition in Colonial Travancore	Anuja S S	Modern Thamizh Research (A Quarterly International Journal)	2021	UGC (Group-1) Journal Vol.12 Part 1	ISSN: 2321-984X	363-368
The Kerala Women's Commission (KWC): A Panacea for Women's Confrontation in Kerala	Anuja S S	Journal of Science, Technology and Development	2020	Vol.9	Issue 3 ISSN - 0950-0707 UGC Care Approved Journal	23-30
E.V Ramasamy, A Pioneer Reformer of Socio-Economic Conceptualisation of Women's Human Right – A Study	Anuja S.S	UGC-Care Group II Journal of Interdisciplinary Cycle Research	2020	12th	Issue 2, ISSN – 0022-1945	74-81
Socio – Economic Empowerment of Women in Travancore, from a Period of Subservient Position to Privileged Society - An Overview	Anuja S.S	UGC-Care Eduindex Journal	2020	40th	Issue 18, ISSN – 2394-3114	2717-2731
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Book Chapter	Author(s)	Title of the Book	Year	ISBN No.	Publisher	Page No.
Un-veiling the Women's struggle against the obnoxious practices in Travancore	S S Anuja	Historical Developments of Tribes & Contributions in Developing Social Systems	2022	ISBN: 978-93-93253-02-6	Ryan Publishers	192-201

### Others:

- Member of Examination Committee (2023-)
- Member of Synergic Working Committee (2023-)
- Co-ordinator of Anti-Ragging Cell (2022-)
- Member of I UG Certificate Course (2022-)
- Member of Institution's Innovation Council (2022-)
- Member of Placement Cell (2019-2021)
- Member of Consumer Club (2019-2021)